



Pain and Inflammation **Frequencies for:**

- Increase movement and mobility
- Nerve Inflammation
- "Tens" frequencies (frequencies for pain from 10 to 50 Hz)
- DMSO
- Asafoetida
- Huo Ma Ren
- Patchouli Oil (anti-inflammatory and anti-microbial)
- Arnica (pain relief; anti-inflammatory, promotes blood flow, soothes muscles)
- Yellow (light therapy) (Needs an element – promotes wound healing,
- helps circulation, lymphatic flow)



Joint Pain and Inflammation **Frequencies for:**

- Reduce Trauma
- "Tens"
- Rose Quartz (Helps heal & release toxins, calms inflammation)
- Malic Acid (Helps muscle fatigue; integral part of the krebs cycle)
- Pau d' Arco
- Benzoicum Acidum
- Una de Gato
- Increase Mobility
- Discomfort in the Joints
- Nanobacterium (Tiny organisms)
- Garnet (Helps inflammation in the joints and calcifications: decrease pain)



Stress and Anxiety **Frequencies for:**

- Calming
- Serotonin Dopamine (feel motivated, accomplished, productive, feel
- happier calmer, focused. Deficiencies in both can be linked to depression and stress)
- Relaxation
- Nervous Energy
- Inner Calm
- Overstressed
- Fear, Panic
- Cherry Plum
- Clematis
- Impatiens
- Rock Rose



Energy **Frequencies for:**

- Acetyl L Carnitine (improve energy use by boosting acetylcholine)
- Taurine
- Yin/Yang Energy
- Increase Stamina & Vitality
- Krebs cycle support (principal support of energy for cells)
- Cell enzymes (helps break down food into energy)
- Ginseng (energy management benefits)
- Ginkgo Biloba (brain/energy) (increase energy by supporting cell production & use of ATP (the body's cellular fuel)



Allergy Relief Frequencies for:

- Sinus Drainage
- Excess Mucous
- Hay Fever
- Food Allergies
- Allergens in Cosmetics
- Helps stimulate the body's immune defense
- mechanisms against allergies
- Hydrangea Root
- Gravel Root
- Arsenicum Album
- Nux Vomica
- Rose Hips
- Echinacea
- Phosphorus



Detox & Cleanse Frequencies for:

- Anti oxidative protection against free radicals
- Filter organs
- Intra cellular detoxification
- Detox chemicals, heavy metals, pesticides
- High toxic load – mild cleanser especially for sensitive individuals to eliminate reactions
- Sarcodes for underactive & sluggish organs
- Berberis vulgaris
- Beta carotene
- d-alpha tocopherol succinate
- Alpha lipoic acid
- Tibetan formulas to help detox
- Musk Root



Vibe for Women Frequencies for:

- Menopause
- Hot Flashes
- PMS
- Helps those on HRT
- Support production of balanced female hormones
- Hops Extract
- Chamomilla
- Valerian
- Passion Flower
- Ashwagandha
- May help increase follicle stimulating hormone
- (FSH) and estradiol levels
- Homeopathic hormone therapy
- Black Cohosh
- Maca Root
- Helps balance estrogen dominance



Vitality for Men Frequencies for:

- Restorative in cases of sexual weakness
- Support production of male hormones
- Tonify reproductive organs
- Stimulate production of testosterone and progesterone which are valuable hormones for healthy function of reproductive organs
- Prostate Issues
- Erectile Dysfunction
- Low Energy
- Lack of Focus
- Muira puama – libido enhancer
- Catuaba male hormone stimulant (Brazilian herb)
- Aralia Quinquifolia
- Agnus Castus
- Saw Palmetto
- Buchu Leaf



Thyroid Plus Frequencies for:

- Adrenal Exhaustion
- Low Energy
- Physical Stress
- Adrenal Support
- Fatigue
- Hypothyroidism & Hyperthyroidism
- Detox thyroid
- Kidney, bladder support
- Phosphoricum aricum
- Fatigue
- Adrenalinum
- Fucus vesiculosus
- Parathyroid
- Cellular Oxidation

Digestive Harmony

Frequencies for:

- Indigestion, Bloating
- Flatulence, Gas
- Constipation, diarrhea
- Helps assimilate nutrients
- Supports the body's natural digestive process
- Heartburn, Acid stomach
- Encourages a healthy intestinal environment to help maintain proper gastrointestinal flora
- Amylase, Lipase, Protease (enzymes)
- Marshmallow Root
- Slippery Elm Bark
- Ginger Root
- Wormwood, Clovebud
- Meridian opener for stomach, spleen, upper gi
- L Glutamine
- Acetyl Coenzyme A
- Nadiidum
- Encourages proper micro biome balance

Going Viral Frequencies for:

- Cocksackie
- Cytomeglia
- Epstein Barr
- Detox childhood illnesses
- Mononucleosis
- Respiratory viruses
- Homeopathic detox from flu and flu-like symptoms
- Fever, Fatigue
- Lack of appetite
- Swollen glands
- Hepatitis
- Detox of multiple viruses
- Ivermectin
- Fenbendazole
- HCQ
- Stimulate the body's detox & immune defense mechanism
- Respiratory issues
- Mullein Leaf

IRV - 86 Frequencies for:

- iRevive
- Aid in collagen production
- DHEA
- Minerals (Calcium, Magnesium, Chromium, Selenium)
- Vitamin C
- Maintain healthy pH balance at the cellular level
- Bio terrain Alkaline
- HGH
- Anti aging
- Increase lean body mass
- Weight loss helper
- Fine lines, wrinkles
- Boost overall radiance
- Oxidative Stress
- Free radicals
- Improve hydration
- Re-energize skin
- Amino acid



LYN
iPatch
iHeRQles + Mental Clarity



LYN
iPatch
iHeRQles + Electronic
Chatter Protection



LYN
iPatch
iHeRQles + Sleep Ease



LYN
iPatch
iHeRQles + iXLR8 + Weight Loss
and Appetite Suppressant

Mental Clarity Frequencies for:

- Confusion
- Loss of focus
- Sensitivity disorder
- Mental fatigue
- Inability to concentrate
- Calms excess energy
- Daydreaming
- Indecisive
- Vague
- Overworked
- Obsession; Overconcern

Electronic Chatter Protection Frequencies for:

- Balances Yin & Yang which vitalizes Chi
- Become more attuned with nature
- Balances chakras and meridians opener
- Diamond, Onyx, Amazonite (removes blockages, grounding energy)
- Hops Bush – helps with excessive, scattered energy & helps reestablish a natural healthy flow
- Helps bring one into balance with the natural rhythms of the earth
- EMF & EMR
- Helps detox residual toxins from exposure to UV
- To help balance polarity
- Rosa Damascena - balance & harmony to the body
- Harmonizes wood & earth
- Geopathic stress (aids in relief)

Sleep Ease Frequencies for:

- Melatonin
- Unwind
- Deep Sleep
- Relaxation
- REM Sleep (3 stages rapid eye movement sleep; deep sleep)
- Insomnia
- Fights Fatigue
- Proper sleep balances life
- Jet Lag
- Lack of daylight

Weight Loss & Appetite Suppressant Frequencies for:

- iXLR8
- To assist in breaking down fat & mobilization
- Energetic balance
- Garcinia (Promotes weight loss, suppress appetite, promotes fat metabolism & inducing ketosis)
- Green Tea (Increase fat burning, antioxidant)
- Red Raspberry (hormone stabilizer, improve fat metabolism & encourage weight loss)
- pH Balancer (helps metabolize food, support digestion, facilitate weight loss)
- Emotional Eating
- Cravings
- Enzymes (helps digestion)



LYN
iPatch
iHeRQles +
Empowerment



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iHeRQles +
Crave Away



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iPatch
iHeRQles +
PlastiClear

Empowerment

Frequencies for:

- Connecting with the source of highest wisdom
- Clear thoughts, emotions, energy, and desires aligned with truth
- Experiencing and creating authentic success
- Confidence in all situations
- Choosing meaningful opportunities
- Choosing wise service toward others
- Showing up fully in business with inner wisdom
- Opening to earn what is needed for wants and needs
- Staying present and helping others
- Allowing success to flow from inherent value

Crave Away

Frequencies for:

- Support the body and mind in reducing cravings
- Ease cravings during stress or withdrawal-related discomfort
- Support natural responses related to tobacco exposure
- Caffeinium – frequencies inspired by nervousness and sugar-related patterns
- Nicotinum & Tobacum – frequencies associated with smoke sensitivity
- Temporary relief of excessive cravings for sugar, caffeine, tobacco, and alcohol
- Devils Club Root
- Nicotine (frequency imprint only)

PlastiClear

Frequencies for:

- Microbeads, nurdles, plastic powders, fibers, foam, and synthetic materials
- Turmeric Root
- Peptidase
- Acetylcholinesterase
- MCT Oil
- Magnesium
- Synthetic Chemical Detox*
- Micro Plastic Detox*
- Polyethylene
- Polypropylene
- Polystyrene
- Polyvinyl
- Chloride
- *Proprietary frequency blends